

## Prayer of St. Demetrius of Rostov

Open, O doors and bolts of my heart, that Christ the King of Glory may enter!

Enter, O my Light, and enlighten my darkness;

enter, O my Life, and resurrect my deadness;

enter, O my Physician, and heal my wounds;

enter, O Divine Fire, and burn up the thorns of my sins; ignite my inward parts and my heart with the flame of your love;

enter, O my King, and destroy in me the kingdom of sin; sit on the throne of my heart and alone reign in me, O you who are my King and Lord.